

UNIT SPECIFICATION

Unit Name: Care of Clients with Long-Term Conditions

Level	Level 6	Credit value	20 (10 ECTS)
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Is this a common unit?	No	Expected contact hours for unit	30
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Owning Department	DNS	Owning Programme	CPD Framework
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Programme(s) where the unit is delivered

BSc Professional Practice

Pre and co-requisites:

Registered Healthcare Professionals

Aims

The aim of this unit is to equip students with the knowledge and skills to recognise, assess and manage clients with a range of long-term conditions. It will enable the student to evaluate the evidence base for practice and critically reflect on their encounters with clients.

Intended learning outcomes (ILOs)

Having completed this unit, the student is expected to:

- 1) Articulate their own role in relation to the needs of clients presenting with long term conditions with appreciation of the lived experience.
- 2) Develop a knowledge and understanding of the pathophysiology of a range of long-term conditions.
- 3) Develop an understanding of recent research advances in caring for individuals with multiple long-term conditions and apply these to practice.
- 4) Critically appraise the evidence base and tools available to implement care for those with long term conditions

Learning and teaching methods.

Units adopt a blended approach, with face-to-face teaching, additional online resources via the VLE, and online tutorials. Some seminars where appropriate can be delivered online.

The unit delivery will include 6 face to face taught days as well as additional online resources. Learning is facilitated by taught sessions, interactive seminars, use of case studies and interaction with people living with long-term conditions.

All sessions are provided by experts within the field.

Assessment

Formative assessment/feedback

Students will have the opportunity to give a 5 minute oral presentation of the plan for their summative assignment. This will include their chosen patient and a proposed outline for the presentation. Peer feedback and guidance from the Unit Lead will be offered.

Summative assessment**Indicative assessment**

Assessment	ILOs assessed	Percentage weightings
Examination	N/A	
Coursework 1	1-4	100%
Coursework 2	N/A	

Students will critically reflect on the care that they have provided to one patient with a long-term condition in their clinical practice.

Assessment will be via a structured PowerPoint presentation. See additional guidance on assignment brief

Indicative unit content

People can and do live fulfilling, active lives with multiple long-term conditions. Whilst some thrive, others struggle, exacerbated by flares and relapses. The impact on the individual and the healthcare system is great.

This unit will aid healthcare professionals to support patients living with long-term conditions through a combination of taught sessions and interactive seminars focusing on pathophysiology and the lived experience. With contribution from experts within the field, individuals living with long-term conditions and recent research, it will be demonstrated how barriers can be removed to support patients to identify changes in their health and implement strategies to keep well. With a focus on diabetes, respiratory health, cardiovascular disease and the ageing process, this course will empower attendees to bring positive change into their practice areas. We will be covering topics such as the context of those living with long term conditions in addition to discussing specific long term conditions such as diabetes, respiratory disease, pain, frailty, cancer and the importance of the lived experience.

Sustainable Development Goals relevant to this unit:

This unit aims to raise awareness of the UN Sustainable Development Goals with specific reference to the following SDG goals:

- **SDG 3 Good health and well-being:** exploring theories to help learners understand its importance in practice and society, and to examine theories to inform and intervene.
- **SDG 4 Quality Education:** by using up-to-date research to inform teaching, supervising and mentoring others, and by seeking and acting upon feedback from colleagues, students and others in practice to help inform future development in practice education.

Indicative learning resources

Department of Health and Social Care, Prime Minister's Office, 10 Downing Street, Starmer, K.S. & Streeting, W., 2025. Fit for the future: 10 Year Health Plan for England – Executive summary (accessible version). GOV.UK, published 3 July, updated 30 July. ISBN 978-1-5286-5807-2; E03381504; CP 1350. [Online]. Available at:

<https://www.gov.uk/government/publications/10-year-health-plan-for-england-fit-for-the-future/fit-for-the-future-10-year-health-plan-for-england-executive-summary#from-sickness-to-prevention-power-to-make-the-healthy-choice> (Accessed 27th Aug 2025)

National Institute for Health and Care Excellence (NICE), 2016. *Multimorbidity: clinical assessment and management*. London: National Institute for Health and Care Excellence. NICE guideline NG56.

Person Centred Care / Coalition for Collaborative Care / Medical Directorate, 2016. *NHS Personalised care and support planning handbook: the journey to person-centred care. Supplementary information on practical delivery*. Leeds: NHS England. Available from: [practel-del-care-support-planning.pdf](#) [Accessed 26 March 2025].

Phipps, O., Setchfield, I., Hill, B., Diamond-Fox, S., eds., 2024. *The advanced practitioner in pathophysiology and diagnostics*. Chichester: Wiley.

Roger, J., 2024. *McCaunce and Huether's Pathophysiology: the biological basis for disease and adults and children*. 9th edition. London: Elsevier Health Sciences.

NHS England, 2019. *The NHS Long term plan – a summary*. Leeds: NHS England. Available from: [The NHS Long Term Plan – a summary](#) [Accessed 26 March 2025].

NHS England, 2019. *Online version of the NHS Long term plan*. Leeds: NHS England. Available from: [NHS Long Term Plan » Online version of the NHS Long Term Plan](#) [Accessed 26 March 2025].

Version number

V1.2

Date Effective from

September 2025